

Free/Low Cost Meals

Brockville

October, November, December 2018

Community Meals

Program	Details	Address/Contact
Loaves & Fishes Dinner	Monday to Friday 4:00pm to 6:00pm (\$2.00)	25 Front Ave. W., Brockville (613) 345-6498
Common Ground Lunch LL&G Mental Health	Monday to Friday 10:00am to 12:30pm	25 Front Ave. W., Brockville (613) 498-7729
	The Pier Community Outreach Program	
Sunday Dinner LL&G Mental Health	3 rd Sunday of month 3:30pm to 5:00pm	
Sunday Dinner St. Lawrence Anglican Church	1 st Sunday of month 3:30pm to 5:30pm	80 Pine St., Brockville (613) 345-5717
Sunday Dinner Wall Street United Church	2 nd & 5 th Sunday of month 3:00pm to 5:00pm	5 Wall St., Brockville (613) 342-5401
Soup for the Souls 1000 Island Baptist Church	4 th Sunday of month 3:00pm to 5:30pm	229 Park St., Brockville (613) 342-9552
Saturday Breakfast Brockville Wesleyan Church	3 rd Saturday of month 8:30am to 10:30am	33 Central Ave. W., Brockville (613) 342-4566

Food Banks

Agency	Details	Address/Contact
Brockville Food Bank Operation Harvest Sharing	2 nd Monday of the month 6:00pm to 7:30pm Every Tuesday to Friday 10:00am to 3:00pm	58 Buell St., Brockville (613) 342-0605
South Grenville Food Bank Cardinal Cardinal Public Library	Wednesdays 10:00am to 2:00pm	618 King's Hwy. #2, Cardinal (613) 657-1967
South Grenville Food Bank Spencerville Spencerville United Church	2 nd Tuesday of the month 11:00am to 1:00pm	16 Centre St., Spencerville (613) 925-2444
South Grenville Food Bank Prescott	Tuesday, Wednesday, Thursday and Friday 10:00 am – 2:00pm	136 Henry St., Prescott (613) 925-2444
Athens Food Bank Free Methodist Church	Mondays 10:00am to 12:00pm	58 Elgin St. N, Athens (613) 924-9112
Salvation Army Food Bank Brockville Community Church	Tuesday & Thursday 9:00am to 3:00pm By Appointment only	175 First Ave. Brockville (613) 342-5211

Information subject to change without notice. For more information, visit www.foodcoregl.ca/inventories.html#Help or call 1-800-660-5853